



Aquinas College Exercise Science Major Bachelor of Science Degree

Grand Rapid: Community College

Pre-Exercise Science (A.A)

2+2 Pre-Major Articulated Program Guide

COURSES TO TAKE AT GRCC

Grand Rapid; Community College				
GRCC Course	GRCC Cr. Hrs.	GRCC Course Title	AQ Equiv.	
EN 100 OR EN 101	3	English Composition - 1	Both courses together	
AND EN 102	3	English Composition - 2	equivalent to GE 101	
Humanities Elective	3	Humanities Elective	Fulfills MTA Requirement	
Humanities Elective	3	Humanities Elective	Fulfills MTA Requirement	
PS 110	3	Survey of American Government	PS 101	
PY 201	3	General Psychology	PG 100	
BI 117	4	General Human Anatomy and Physiology	BY 150	
Lab / non Lab SCI.	4	Lab/non Lab Sci. Elective (must	MTA Requirement fo	
Elective	4	be a NON Bl lab)	Lab	
MA 110 OR MA 215	4	College Algebra OR Statistics	Math Proficiency	
BA 103	4	Introduction to Business	BS 200	
BA 286	3	Small Business Management	BS 310	
GH 200	3	Nutrition	KN 251	
EXS 184	3	Introduction to Exercise Science	KN 159	
EXS 198	3	Introduction to Athletic Training	KN 350	
EXS 230	3	Exercise Leadership	KN 361	
EXS 203	3	The Obesity Epidemic	Elective	
EXS 225	3	Public Health Concepts	Elective	
EN 247	3	Creative Writing I	EH 210	
Group Fitness (select or	ie)			
WE120, WE 125 or WE				
139	1	Group Fitness Course	Elective	
Strength and Condition	ing (select on	ie)		
WE 134, WE 141, or WE 155	1	Weight Training II	KN 280	

GRCC Credits 60

COURSES REMAINING AT AQUINAS COLLEGE

Aquinas College		
Course	AQ Course Titles	Cr. Hrs.
KN 158	First Aid	3
KN 250	Physiology of Exercise	4
KN 256	Kinesiology	4
KN 257	Therapeutic Exercise*	2
KN 281	Aerobic Fitness	1
KN 294	Conditioning I	2
KN 295	Designing Program	2
KN 332	Promoting/Funding Sport & Rec	3
KN 362	Motor Learning	3
KN 364	Administration of Sport & Rec	3
KN 397	Internship Physical Activities of Special	6
KN 452	Physical Activities of Special	3
KN Elective	Varies	2
Electives and Minor	Courses	15
GEN ED - Varies	Theology Course	3
GEN ED - Varies	Writing Intensive Course	completed (EH210)
GEN ED - Varies	Global Perspectives Course	3
GEN ED - Varies	Senior Capstone Course	3
CLIVED VAILES	Semor Capacine Course	3
GEN ED - Varies	Quantitative Reasoning Course	3
*This course is needed if p	oursuing the strength and conditioning compet	ency area
	Total Aquinas Credits	65

TOTAL CREDITS GRCC/AQ Combined	125

Advising Notes

- 1. It is recommended that students meet with an advisor to review the degree, course schedule, and have any questions answered prior to completing the GRCC/ AQ articulated program. It is the responsibility of the student to confirm transferability of courses with the receiving institution.
- 2. After transfer and all major required courses are completed, student will need enough electives and minor courses to meet the minimum graduation requirement of 124.
- 3. AQ courses assume incoming students has completed their Associate of Arts from GRCC.

Programmatic Articulation Agreement

This Agreement shall commence as of the 1st day of January 2017. This Programmatic Articulation Agreement shall abide by all language of the institutional agreement between Grand Rapids Community College and Aquinas College.

Signatures

Grand Rapids Community College	Stephu P. Barron
Mike Vargo, Dean) School of Arts & Sciences	Stephen P Barrows, PhD., Interim Provost and Dean of Faculty
Grand Rapids Community/College	Aquinas College
(Joll) (gel	Welearah G. Skringer
Jodi Gee, Department Head, Exercise Science	Deb Springer, Chairperson of Kinesiology
Grand Rapids Community College	Aquinas College